

JOBS TO DO IN AUGUST,

ALL ABOUT SOWING AND PLANNING YOUR AUTUMN/WINTER GARDEN

29, July, 2020

Late summer going into autumn. Now is the time to plan for what you want to grow in your autumn garden and start thinking about what you want in the garden over winter to harvest early spring.

What's better in an autumn garden than leafy greens with the added bonus of pests and diseases slowly going down? . It makes it a stress free time in the garden.

So, what are you going to sow now ?

- *Leafy greens such as lettuce, mustard, rocket or mizuna*
- *Cabbage*
- *Broccoli*



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- *Chinese kale*
 - *Perpetual spinach.*
 - *Beetroot*
 - *chard*

These are but a few examples.

Many cool season crops are more productive planted this time of year, compared to spring planting. The reason for this, in the spring the temperature is getting hotter, while now it's going down- this means that when it comes to maturing and harvest time, the temperatures will be nice and cool. Your veg plants will then last longer and extend the growth/harvest period.

COVER CROPS / GREEN MANURE

These plants are used solely for the purpose of covering bare soil, whether its whole patches or in between crops of



plants. They're very good at preserving the soil and giving more nutrients back by their biomass, when the time comes to cut back. If you don't want to have anything through autumn or winter in the vegetable garden, then green manure may be the way for you to go. Such as vetch or rye grass for through winter. Have a look at them depending on your soil, you get ones to fix nitrogen, help break clay soils etc.

Here are a few extra jobs for this month-



- Harvest your crops from earlier on in summer such as beans, peas, tomatoes and sweet peppers. If you have an influx then preserve them by freezing or canning them.
- Deadheading your flowers such as roses or dahlias
- Watering
- Pest control. While they are reducing now, they are still about
- Cutting back any herbaceous perennials that are finished flowering. For example a geranium once cut back when fading has a chance of regrowth, daisies, phlox when



finishing flowering if cut back in half have a chance of reflowering and more growth.

- *Harvest nasturtium leaves and flowers. They have many uses such as infusing oils, vinegars or dehydrate them and mix with salt for nasturtium salt.*

